



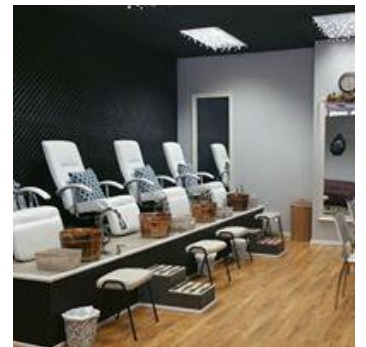
# PAMPER YOURSELF INITIATIVE MAY 2<sup>ND</sup> TO MAY 5<sup>TH</sup>, 2017 – WEYBURN, SK

**RAISING AWARENESS, REDUCING STIGMA, AND PROMOTING MENTAL HEALTH THROUGH PERSONAL SELF-CARE!!!**



## DÉTENTE SPA

**In partnership with  
Canadian Mental Health  
Association  
(Weyburn Branch)**



**DÉTENTE SPA**  
# 7 – 3<sup>RD</sup> ST Weyburn, SK  
306-870-0139  
Please contact Détente Spa directly to book your appointment!!  
**Manicure - \$45.00**  
**Pedicure - \$45.00**  
Group Bookings Available!!

Self-care includes any intentional actions you take to care for your physical, mental and emotional health.

Détente Spa will be donating ½ the proceeds from any Manicure or Pedicure service provided May 2<sup>nd</sup> to May 5<sup>th</sup>, 2017 to the CMHA Weyburn Branch. All proceeds donated will be put towards local programs and mental health initiatives.

**Walk-ins may be taken during the week on a first come first served bases. THE ONLY WAY TO GUARANTEE A SPOT IS TO BOOK AHEAD!!**