

November '19

S	M	T	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

CMHA Weyburn Branch Monthly Program Calendar

December 2019

January '20

S	M	T	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Vocational 8am – Livestock 12pm – Lunch 1pm – writers group 2pm – Library visit	3 Vocational 11am – Wellness 12pm – Lunch 1pm – Netflix movie	4 Vocational 12pm – Lunch 1pm – Art	5 Vocational 12pm – Lunch 1pm – Bowling 2pm – Cribbage	6	7 Pearl Harbor
8	9 Vocational 8am – Livestock 12pm – Lunch 1pm – writers group 2pm – Bingo	10 Vocational 11am – Wellness 12pm – Lunch 1pm – Livestock 2pm – Swimming	11 Vocational 12pm – Lunch 1pm – Art	12 Vocational 12pm – Lunch 1pm – Livestock 1pm – Bowling 2pm – Skipbo	13	14
15	16 Vocational 12pm – Lunch 1pm – writers group 2pm – Name that tune	17 Vocational 11am – Wellness 12pm – Lunch 1pm – Pool 2pm – Jenga	18 Vocational 12pm – Lunch 1pm – Art	19 Vocational 12pm – Lunch 1pm – Cribbage Tourny	20	21
22 Dec. Solstice	23 Chanukah	24 Christmas Eve	25 Christmas Day	26 Kwanzaa begins	27	28
Christmas Break - Christmas Break - Christmas Break						
29	30	31 New Year's Eve	1	2	3	4
Christmas Break - Christmas Break - Christmas Break						
5	6					



Canadian Mental Health Association
Weyburn
Mental health for all