

CMHA Programming Schedule

January 2023

December '22						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February '23						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March '23						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Year's Day	2 STAT	3 9-Farkle 10-Coffee/Freetime 11-Cribbage/Tablet Time 12-Lunch 1-Livestock 2-Yahtzee	4 9-Hidden Objects 10-Coffee/Tablet Time 11-Jenga 12-Lunch 1-Art 2-Crib	5 9-Uno 10-Coffee/Adult Colouring 11-Walk 12-Lunch 1-Livestock 2-Freetime	6	7
8	9 9-Word Search 10-Coffee/Tablet Time 11-Walk 12-Lunch 1-Writers Group 2-Library	10 9-11 Ways 10-Coffee/Music 11-Wellness 12-Lunch and Learn 1-Skip-Bo 2:30-Bingo @ Library	11 9-Scrabble 10-Coffee/Tablet Time 11-Freetime 12-Lunch 1-Art 2-Art	12 9-Crib 10-Coffee/Freetime 11-Word Scrambles 12-Lunch 1-Trivia 2-Swim	13	14
15	16 9-Livestock 10-Coffee/Tablet Time 11-Chair Stretches 12-Lunch 1-Writers Group 2-Pool @ Detours	17 9-Tenzi 10-Coffee/Freetime 11-Wellness 12-Lunch and Learn 1-Livestock 2-Our Planet Documentary	18 9-Card Game 31 10-Coffee/Tablet Time 11-Mexican Train 12-Lunch 1-Skating 2:30-Art	19 9-TriOminos 10-Coffee/Mazes 11-Walk 12-Lunch 1-Livestock 2-Bowling @ bowling alley	20	21
22 Chinese New Year	23 9-Uno 10-Coffee/Tablet Time 11-Walk 12-Lunch 1-Writers Group 2-Pictionary	24 9-Adult Colouring 10-Coffee/Music 11-Wellness 12-Lunch and Learn 1-Bean Bag Toss 2-Name That Tune	25 9-Farkle 10-Coffee/Tablet Time 11-Skip-Bo 12-Lunch 1-Art 2-Karaoke	26 9-Crossword 10-Coffee/Freetime 11-Hidden Objects 12-Lunch 1-Movie 2-Movie	27	28
29	30 9-Livestock 10-Coffee/Tablet Time 11-I-Spy on Paper	31 9-Yahtzee 10-Coffee/Freetime 11-Wellness				

	12-Lunch 1-Writers Group 2-Library	12-Lunch and Learn 1-Livestock 2-Bingo				
		Notes			Calendar Templates by Vertex42.com https://www.vertex42.com/calendars/ © 2022 Vertex42 LLC. Free to print. 2023 Calendars 2024 Calendars	